

On March 23 Daniel Ortega, director of the Oregon Conference Pathfinder program, visited Brookings Seventh-day Adventist Church.

He taught about how important it is to include our youth and families in our church activities. He also met with the Adventurer's Team and discussed plans and outlines to help launch the Adventurer program.

The Brookings Adventurer Club will be making plans through the summer to have this program in full swing by fall/winter of this year. The team envisions building our church by having these special children's programs that are family oriented to witness to our Brookings neighbors and family population.

We are asking you as our church family to keep this in prayer. If you are interested in being an Adventurer Team Volunteer or have/know of children who would benefit being in the Adventure Club, please reach out to Mary Kirk for information on how to become an





From the Pastor's Desk.....

Time is a gift from God. Everyone, rich or poor, gets the same amount: a generous present of 24 hours per day. A minute or an hour are smaller portions, but how useful. How do you enjoy spending time? Life can be fun if we use it in a balanced way. Walking in the fresh air for 20 minutes will clear our heads and give us a good feeling. Working a full day will put money in the bank. Helping a neighbor in some practical way builds friendship and gives happiness. How important it is to make good use of the benefit of time. "Teach us to number our days," wrote Moses, "that we may gain a heart of wisdom" (Psalm 90.12).

Kale and white Bean Artichoke Dip

3/4 c raw cashews	1/4 tsp each salt & pepper
3 Tb olive oil	4 c chopped kale
5 cloves garlic	1 14 oz can artichoke hearts
8 oz vegan cream cheese	1 c cooked/drained white beans

1/2 c unsweetened almond milk 2 Tb vegan parmesan cheese

4-6 Tb nutritional yeast

Soak cashews for 1 hour in boiling hot water (uncovered). Then drain and set aside. In the meantime, heat a large oven-safe metal or cast iron skillet over medium heat. Once hot, add a third of the and all of the garlic. Sauté for 1-2 minutes or until just golden brown. Set aside to cool. Once cashews are soaked and drained, preheat oven to 350 degrees F.To a blender add soaked and drained cashews, sautéed garlic, vegan cream cheese, remaining olive oil, and almond milk. Purée to a cream. Add lesser amount of nutritional yeast to start, and 1/4 tsp each sea salt and pepper. Blend once more. Taste and adjust seasonings as needed. Dip should be cheesy in flavor and well-salted, so consider adding the remaining nutritional yeast and another 1/4 tsp sea salt. Set aside. Heat the skillet you used earlier over medium-high heat. Once hot, add a bit more olive oil and the kale. Season with a pinch each salt and pepper and sauté, stirring frequently for 2 minutes, to wilt and soften. Remove from heat and add artichokes, white beans, and all of the sauce. Stir to combine. Sprinkle the top with vegan parmesan for additional texture/ flavor Bake for 10-12 minutes, or until bubbly and completely warmed through.

"Judge each day not by the harvest you reap but by the seeds you plant." -- Chinese fortune cookie

"God does not need your good works, But your neighbor does." --Martin Luther

Pulpit schedule

April 6, 13, 20 - Pastor Kimbrough

April 25 - Nate Hellman, associate ministerial director, Oregon Conference church headquarters

April Sunset Times

Friday April 5, 7:49 pm Sabbath April 6, 7:50 pm Friday April 12, 7:56 pm Sabbath April 13, 7:58 pm Friday April 19, 8:04 pm Sabbath April 20, 8:05 pm Friday April 26, 8:12 pm Sabbath April 27, 8:13 pm

What's Up..

- ⇒ Rummage Sale Dates and Times
 Wednesday, April 3 from 3:30-5:30pm PRE-Sale for our congregation only.
 Thursday, April 4 from 8am-3 pm
 Friday, April 5 from 8 am- 3 pm
 Sunday, April 7 from 9 am-2 pm
- ⇒ April 6 Beyond Greeting a training session for greeters in the main sanctuary
- ⇒ **April 13** Adventurer's Club meeting



Fellowship Meal Luncheon, April 13 -Food provided Potluck April 27 -Bring a dish to share

MindFit starts on Thursday at Gold Beach Seventh-day Adventist church! This new fourpart video series features Alex Rodriguez from the Voice of Prophecy and pastor Kimbrough as they explore compelling mental health topics, treatments, and testimonies. They'll address the top three mental illnesses plaguing our society: anxiety, depression, and trauma. The four meetings are hosted evenings at 6:30 p.m., starting, Thursday, April 4, and continuing through Sunday, April 7. This is a great outreach opportunity—invite your family, friends, neighbors, and coworkers! Learn more at MindFitEvent.com.



Chetco Adventist Christian School

Now has an NAD ID number, which means we can start the process of

getting background checks for those who wish to volunteer. There will be many different ways to volunteer at our school, reading with students, supervising recess or lunch, etc... If you already have a background check for a position you hold in the church there is no need for another one, just let us know and we will have school added to your application. If you have not had a background check and would like to volunteer please contact Sarah Kirk for more information.

Honoring God With Our Bodies

As followers of Christ, we are reminded again of 1 Corinthians 6:19-20 that our bodies are not our own. These verses are powerful, grounding us in a profound truth: We are God's and as such, our bodies are vessels of His Holy Spirit.

So, what does it mean to honor God with our bodies? How do we live this truth out in our day-to-day lives? To honor God with our bodies is to acknowledge God's ownership and our stewardship.

Brookings Seventh-day Adventist Church



10am Adult Sabbath School in Room 1 & 3 10am Children/Youth Sabbath School 11:15am Worship Service

102 Park Avenue, Brookings, OR