

# March 23 Daniel Ortega, director of the Oregon Conference Pathfinder program, will be visiting Brookings Seventh-day Adventist Church

The Adventurer Club gives children a foundation of valuable life skills that promote spiritual, physical, intellectual and social growth. Children enjoy a variety of activities teaching them about nature, the Bible, arts and crafts, recreation, and life skills such as money management, cooking, outreach and service.

Adventurers are children from preschool age through fourth grade. The Adventurer program is sponsored by the Seventh-day Adventist church, but is open to all children and their families who are looking for positive Christian guidance for their little ones.

The Adventurer Club presently consists of six class levels. After graduating from Adventurers, many children grades 5-8 join a Pathfinder Club. Adventurers and Pathfinders can be found world-wide with a membership of more than 2.5 million boys and girls.

# The Oregon Adventurer Club shall provide fun and creative ways for children to:

- \* Develop a Christ-like character
- \* Experience the joy and satisfaction of doing things well
- \* Learn good sportsmanship and strengthen their ability to get along with other
- \* Discover their God-given abilities and know how to us them to benefit self and serve others
- \* Improve their understanding of what makes families strong

#### From the Pastor's Desk.....

"...there is a sound of abundance of rain" (1 Kings 18.41). God has blessed us with abundant rain this season. Though we wish it didn't rain so much, we are reminded that the green beauty of the southern Oregon coast is dependent on getting plenty of rain. Our trees, grass, and flowers need water. Rain brings growth.

The Bible compares rain to the Word of God, and earth is compared to people: "For as the rain comes down, and the snow from heaven, And do not return there, But water the earth, And make it bring forth and bud, ...So shall My word be that goes forth from My mouth; It shall not return to Me void, But it shall accomplish what I please, And it shall prosper *in the thing* for which I sent it" Isaiah 55.10,11).

God sends the Water of Life to flow over and through us, and we enjoy spiritual growth. As we note the beauty of the natural growth in our area, let us pray for a spiritual transformation resulting from God's outpouring of grace.

### Lemon Spaghetti With Spinach

1 onion chopped Lemon juice of 1/2 lemon

3 cloves garlic, minced 1 tsp lemon zest

2 1/2 c coconut milk (full fat) Salt and pepper to taste

9oz spaghetti Red pepper flakes

3 c fresh spinach

In a large pot, heat some oil and sauté the onion for 3 minutes until it becomes translucent. Then add the garlic and cook for another minute.

Add the uncoooked spaghetti, the vegetable broth, the coconut milk, and the lemon juice. Stir a couple of times and gently push the spaghetti in the liquid when they're soft enough (this might take a couple of minutes. Try not to break them when they're still too hard). Cook for 15-18 minutes.

When the spaghetti are al dente, stir in the spinach and the lemon zest. Cook for 2 more minutes and season with salt, pepper, and red pepper flakes. Enjoy

Do not worry--the sun has a sinking spell every night but rises to shine each morning.
--Anonymous

Keep silent, friend, for some have to cast a care on God today And some to praise from thankful hearts And some, "Thy kingdom come" to pray.

Keep silent--let heaven speak anew To every heart--perhaps to you.

--Lakewood Methodist Church Bulleti

## March Sunset Times

Friday March 1, 6:09 pm
Sabbath March 2, 6:10 pm
Friday March 8, 6:17 pm
Sabbath March 9, 6:18 pm
Friday March 15, 7:25 pm
Sabbath March 16, 7:26 pm
Friday March 22, 7:33 pm
Sabbath March 23, 7:34 pm
Friday March 29, 7:41 pm
Sabbath March 30, 7:42 pm

#### What's Up..

- ⇒ March 2, 5:30pm Oregon Conference Prayer Meeting on Zoom . In these challenging and uncertain times, seeking God's divine wisdom and direction is more important than ever. Please join conference members to seek guidance of the Holy Spirit. Zoom link https://orad.us/OCPrayerZoom Meeting ID: 951 8722 5178. Passcode: 544731
- ⇒ March 9 there will be a Fellowship Luncheon following the worship service, food is provided. After the luncheon at 2pm the Praise Team invites all interested to join them in singing to our neighbors at Curry Village.
- ⇒ March 22-24 Oregon Prayer Conference, at Twin Rocks Friends Camp, Rockaway Beach, OR. Presenter Dr. Joe Kidder. If you are interested in attending, please see any member of the Prayer Ministry
- ⇒ **March 29 and 30** Amazing Facts will present a 2 day broadcast titled "The Glory of the Cross Summit" that you can watch on AFTV, YouTube, Facebook, or Roku. Visit afsummit.org for more info.
- ⇒ **April 4th, 5th, and 7th** Church Rummage Sale! . If you would like to donate, volunteer, or need more info please contact Bev Rigby. Donation times and dates are 10 AM to noon on the first 4 **Sundays in March** (3/3, 3/10, 3/17, 3/24). Please drop off on the lower level, inside Fellowship Hall. If you have large items, or those dates don't work for you, contact Bev to make arrangements. Proceeds go to school fund.



Luncheon, March 9 -Food provided
Potluck March 23 Italian Theme -Bring a
dish to share



# Church School Fund Update

Chetco Adventist Christian School was blessed with much needed school items from Milo.

They officially closed down their elementary school and generously donated our school with student desks, a teacher desk, and other curriculum and materials. This will help us save on some of those expenses. The school board has started using some of our school funds to pay for fees required for a zoning permit change. The school funds will be fluctuating as we begin to prepare for the school year. The wording in the bulletin has been changed to "account balances" to better reflect these changes.

#### **Benefits of Health**

Why should we care for our health? Paul reminds us of the importance of why we were created: for God to dwell with us. "Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body" (1 Corinthians 6:19,20). He goes on to say "whether you eat or drink, or whatever you do, do all to the glory of God" (1 Corinthians 10:31).

