

Health & Healing

By Carin & Ron Lynch

Directors of LIGHT Lay Institute for
Global Health Training



As Seen on



Friday June 7, Sabbath June 8,
Sunday June 9

Friday: 6:30pm "Introduction to Health Evangelism and
Medical Missionary Work"

Saturday: 10am: Sabbath School Lesson "Principles of
Health and Healing"

11:15am: "Brookings Seventh-day Adventist
Church Center of Influence"

12:30pm: Fellowship Luncheon

2pm: Principles of Massage and Hydrotherapy

4pm: Nature's First Aid Kit-Natural Remedies and
Charcoal

**Sunday: 3pm Plant Based Whole Food
Cooking Class**

Location

Brookings Seventh-day Adventist Church

102 Park Ave, Brookings, OR 97415

Pre-Register for Cooking Class 541-499-2323

Free Admission

From the Pastor's Desk.....

Our church district has recently grown to three congregations with the addition of Cave Junction. The town has a population of 2071 and it is named for the Oregon Caves National Monument. The caves were discovered in 1874.

Cave Junction has had a Seventh-day Adventist church and school for many years. Pray for the continued success of these spiritual lighthouses, now yoked with Brookings and Gold Beach. The Bible speaks of 3 cities that were set aside by Moses (Deuteronomy. 4:41).

The pastor begins preaching at the new church in June. Pray that God will bless the three towns of Gold Beach, Brookings, and Cave Junction in the days ahead.

Lemon Blueberry Bread

1 1/2 c flour	1/2 c milk or milk substitute
1 tsp baking powder	1 c blueberries
1 tsp salt	
1/3 c granulated sugar	Glaze:
2 eggs	2 T butter, melted
1/2 tsp vanilla extract	1/2 c powdered sugar
2 tsp lemon zest	2 T fresh lemon juice
2 T lemon juice	1/2 ts vanilla extract

1. Preheat oven to 350 degrees F and line a 9"x5" loaf pan with parchment paper (or lightly grease with butter).
2. In a medium bowl, whisk the flour, baking powder and salt, and set aside.
3. In another bowl, use an electric mixer to blend together the melted butter, sugar, eggs, vanilla, lemon zest and lemon juice. Mix until well combined.
4. While mixing, add flour mixture and milk in to batches. Stop mixing as soon as it's just combined.
5. Rinse blueberries (if fresh) so they have a bit of moisture, toss them with 1 T flour to coat.
6. Pour batter in to pan and bake for 55-65 minutes until toothpick comes clean from the center.
7. Prepare glaze by whisking together the melted butter, powdered sugar, lemon juice and vanilla, then pour glaze over the loaf. Allow to set a few minutes, then enjoy!

A real Christian is a person who can
give his pet parrot to the town
gossip. ~ **Billy Graham**

Pulpit Schedule

May 4 Pastor Kimbrough

May 11 Pastor Kimbrough

May 18 World Adventurers Sabbath

May 25 Pastor Andre Scalfani

May Sunset Times

Friday May 3, 8:20 pm

Sabbath May 4, 8:21 pm

Friday May 10, 8:27 pm

Sabbath May 11, 8:28 pm

Friday May 17, 8:35 pm

Sabbath May 18, 8:36 pm

Friday May 24, 8:41 pm

Sabbath May 25, 8:42 pm

Friday May 31, 8:47 pm

What's Up..

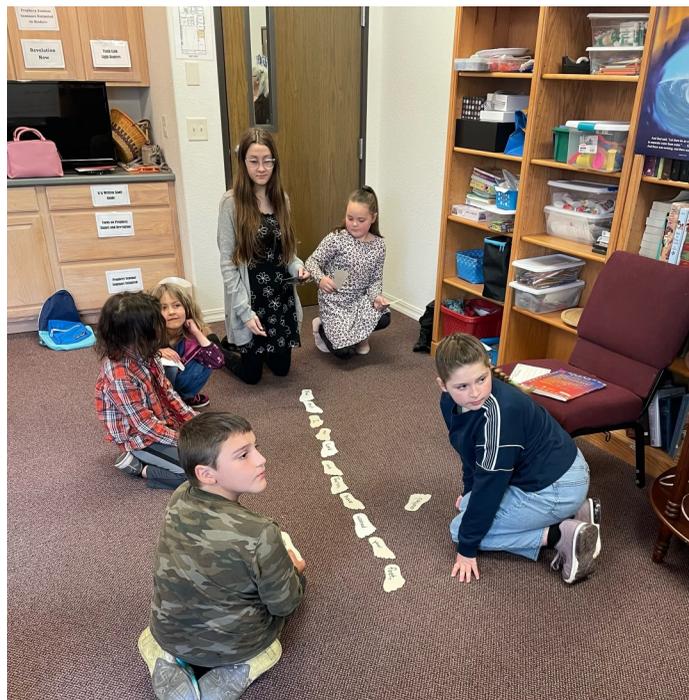
- ⇒ **Thursday May 9 at 6:30 pm** Pastor Kimbrough will provide training on how to give Bible studies. Class will meet in the pastor's study. Anyone who is interested in learning this important outreach is welcome to come.
- ⇒ **May 25, 26** We will have a booth at the Azaelea Festival to share spiritual and health related literature to the community.
- ⇒ **Gladstone camp meeting has been cancelled.** On Sabbath July 20 there will be a one-day summer camp meeting hosted at Milo Academy. Stay tuned for more details to come.
- ⇒ **May 31-June 2 is the Milo Women's Retreat at Milo Academy.** The theme is "Daring to Ask for More" with Melody Mason as keynote speaker. Register at ggc.retreat@gmail.com, or contact Tina at 541-530-3870 for more information.

Luncheon, May 4 -Food provided
Potluck May 25 -Bring a dish to share



On April 2nd the Planning Commission approved our Minor Change of a Conditional Use Permit to allow for us to have a private elementary school in our church facility. Once our classroom is set up we will need to have a building inspection and a walkthrough

from the fire marshal. Please continue to pray for Chetco Adventist Christian School as we continue to move forward. We need special prayers for a teacher and children to bless our school! Thank you for your continued support!



Thy Word Is a Lamp Unto My Feet!

The Children's Sabbath School class is focusing on putting God's Word in their hearts! To encourage participation in memorizing the weekly verses we are using a chart. A special activity will be offered each quarter for those who faithfully put to memory all the verses. The picture shows them working together to create a memory verse from footprints. Please Inquire and encourage our kid's in their vital Christian growth project!

Brookings Seventh-day Adventist Church



May 2024 Newsletter

10am Adult Sabbath School in Room 1 & 3
10am Children/Youth Sabbath School
11:15am Worship Service

102 Park Avenue, Brookings, OR